

# essentiALZ™

alzheimer's association®

Do you provide care for  
someone with dementia  
or Alzheimer's?



Get trained.  
Get certified.  
It's essentiALZ.

alzheimer's association®

The Alzheimer's Association® essentiALZ<sup>TM</sup> certification program is a convenient way for individuals to be recognized for learning quality dementia care practices. The essentiALZ program combines select HealthCare Interactive CARES® online dementia care training with Alzheimer's Association certification exams.

**Because you care, learn and be recognized. Get certified.**

Family members as well as professional care providers can benefit from essentiALZ.

***Be prepared.***

Dementia care training may help you learn techniques for dementia care required at home or work.

***Demonstrate knowledge.***

Be recognized as someone who has a basic understanding of symptoms of Alzheimer's and other dementias as well as recommended caregiving techniques by successfully passing the essentiALZ online exam.

***Feel confident.***

The essentiALZ exam tests your knowledge in topics developed from the evidence-based and nationally recognized Alzheimer's Association Dementia Care Practice Recommendations, which are supported by more than 30 leading health and senior care organizations.

***Learn more at [alz.org/essentiALZ](http://alz.org/essentiALZ).***

**Training and certification topic areas**

essentiALZ Advanced

essentiALZ

- Alzheimer's and Dementia
- Understanding Behavior
- Communication
- Person-centered Care
  
- Making a Connection
- Eating Well
- Recognizing Pain
- Minimizing Falls
- Rethinking Wandering
- Minimizing Restraints

***Requirements/Pricing***

- You must be 18 years of age or older to participate in the essentiALZ certification program.
- Complete the online training:
  - CARES® Dementia Basics<sup>TM</sup> online training and access to the Alzheimer's Association essentiALZ exam, starting at \$24.95 per individual.
  - CARES® Dementia Advanced Care<sup>TM</sup> online training and access to the Alzheimer's Association essentiALZ exam, starting at \$39.95 per individual.
- Successfully pass the online essentiALZ certification exam.
- Print your certification document and be recognized for your knowledge.

The Alzheimer's Association is the world's leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Our vision is a world without Alzheimer's disease.

**1.800.272.3900**

**[www.alz.org](http://www.alz.org)**

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