Module 5 Worksheet: EMOTIONAL AND SPIRITUAL SUPPORT

1. Name three resources or people that families can turn to when having to make difficult decisions for the person living with dementia.
   a) 
   b) 
   c) 

2. Which of the following is **not a good way** for you to acknowledge the death of someone you cared for?
   a) Attend the memorial service.
   b) Go to a reception in their honor.
   c) Speak with family members.
   d) Tell all other staff that the person has passed away.
   e) Place flowers outside their door.

3. **True or False.** It is important that caregivers talk to someone about their feelings when a person they cared for dies.
   _____ True  _____ False
4. List four ways to enhance the environment and make it meaningful for the dying person.
   a) 
   b) 
   c) 
   d) 

5. **True or False.** As caregivers, it is best to be emotionally distant from those in our care.
   
   _____ True    _____ False

6. Circle all ways that loved ones can be involved at the end of life.
   
   Applying lotion
turning the person
praying with the person

   Providing mouth care singing to the person having one last holiday or birthday party

   Shaving the person bathing the person

7. **True or False.** It is okay for families to bring their loved ones home at the end of life (even if we, as caregivers, do not think it is a good idea).
   
   _____ True    _____ False

8. Describe at least three ways you can help families in the grieving process.
   
   a) ______________________________________________________
   ______________________________________________________
   ______________________________________________________
   
   b) ______________________________________________________
   ______________________________________________________
   ______________________________________________________
   
   c) ______________________________________________________
   ______________________________________________________