



The CARES[®] Approach[™]

A Person-Centered Approach for Dementia Caregivers

Connect with the Person

Communicate or do something meaningful with the person.

Assess Behavior

Ask yourself what a person's behavior means.

Respond Appropriately

Try the best approach based on their behavior.

Evaluate What Works

Look to see if the person responds positively.

Share with Others

Tell team members, family, and friends what worked.

www.hcinteractive.com/CARES