



## Summary of Academic Research and National Awards

Updated 09/19/18

HealthCare Interactive, Inc. (HCI) is taking on Alzheimer's disease. There are currently 5.7 million people living with Alzheimer's, and by 2050, that number is projected to grow to nearly 14 million. For more than two decades, HCI has been addressing this national crisis by developing the most innovative set of training products for family members and professional caregivers available in the marketplace. HCI's online video-based programs are easy to use (each requiring only basic computer skills), are well researched and published in the academic literature, and are flexible and usable on any computer or mobile device in your home, at work, or on the road.

In addition to working with the Alzheimer's Association and academic institutions to develop award-winning online training programs, HealthCare Interactive conducts research in order to create a compendium of evidence that demonstrates program effectiveness. HCI, its research partners, and other external teams have conducted research evaluations and case studies on the CARES®, Savvy Caregiver™, and NYU Caregiver Intervention online training programs. The resulting articles below have been peer reviewed and published in academic literature (except where noted as submitted, but not yet published).

### ACADEMIC RESEARCH

#### 2018

##### **CARES® Activities of Daily Living™ Research Evaluation**

Dobbs, D., Hobday, J., Roker, R., Kaas, M., & Molinari, V. (2018). Certified nursing assistants' perspectives of the CARES Activities of Daily Living dementia care program. *Applied Nursing Research* 39(Feb): 244-248. doi:10.1016/j.apnr.2017.11.016

#### 2017

##### **CARES® Dementia Friendly Hospitals™ Research Evaluation**

Hobday, J. V., Gaugler, J. E., & Mittelman, M. S. (2017). The feasibility and utility of online dementia care training for hospital staff: The CARES® Dementia-Friendly Hospital program. *Research in Gerontological Nursing*, 10(2), 58-65.

##### **CARES® Dementia Basics™ Research Evaluation**

Pleasant, M. L., Molinari, V., Hobday, J. V., Fazio, S., Cullen, N., & Hyer, K. (2017). An evaluation of the CARES® Dementia Basics program among caregivers. *International Psychogeriatrics*, 29(1), 45-56. doi:10.1017/S1041610216001526

#### 2016

##### **CARES® Dementia-Related Behavior™ Case Study**

Sarkinen, A., Shah, A., Shah, A., Hobday, J. V., & Gaugler, J. E. (2016). Improving dementia caregiving through interactive web design with the CARES® Dementia Related Behavior online training program. doi:10.4135/9781526423665

### **CARES® Dementia-Related Behavior™ Research Evaluation**

Gaugler, J. E., Hobday, J. V., Robbins, J. C., & Barclay, M. P. (2016). Direct care worker training to respond to the behavior of individuals with dementia. The CARES® Dementia-Related Behavior™ Online Program. *Gerontology and Geriatric Medicine*, 2. doi:10.1177/2333721415626888.

### **CARES® Serious Mental Illness™ Research Evaluation**

Molinari, V., Hobday, J. V., Roker, R., Kunik, M. E., Kane, R., Kaas, M. J., ... & Dobbs, D. (2016). Impact of serious mental illness online training for certified nursing assistants in long term care. *Gerontology & Geriatrics Education*, 1-16. doi:10.1080/02701960.2016.1188811

### **CARES® Research Evaluation: Informal vs. Formal Caregivers**

Ellis, M. L., Molinari, V., Hyer, K., & Hobday, J. (2016, Nov). Online dementia training among informal and formal caregivers: Are there differences? *The Gerontologist*, 56, 579.

## **2015**

### **CARES® Dementia Basics™ Research Evaluation**

Ellis, M. L., Hyer, K., Molinari, V., & Hobday, J. (2015, Nov). Evaluation of the CARES® online dementia training among Oregon caregivers. *The Gerontologist*, 55, 614. doi:10.1093/geront/gnv324.04

### **CARES® Dementia Care for Families™ Research Evaluation**

Gaugler, J. E., Hobday, J. V., Robbins, J. C., & Barclay, M. P. (2015). CARES® Dementia Care for Families: Effects of online, psychoeducational training on knowledge of person-centered care and satisfaction. *Journal of Gerontological Nursing*, 41(10), 18-24. doi:10.3928/00989134-20150804-61. Epub 2015 Jun 23.

### **NYU Caregiver Intervention Online Training for Social Workers Research Evaluation**

Mittelman, M. S., Epstein, C., & Hobday, J. V. (2015). Efficacy of Internet-based training of clinicians to implement an evidence-based intervention for dementia caregivers. *Alzheimer's & Dementia: The Journal of the Alzheimer's Association*, 11(7), P189.

### **NYU Caregiver Intervention (Australia) Online Training for Social Workers Educational Evaluation**

Scott, T. L., Mittelman, M. S., Beattie, E., Parker, D., & Neville, C. (2015). Translating training in the NYU Caregiver Intervention in Australia: Maintaining fidelity and meeting graduate standards in an online continuing professional education setting. *Educational Gerontology*, 41(10), 710-722.

## **2014**

### **NYU Caregiver Intervention (Australia) Online Training Evaluation**

Neville, C., Scott, T., Beattie, E., Parker, D., & Mittelman, M. (2014). Evaluation of an internet-based self-directed educational program to facilitate learning and competence in delivery of the NYU Caregiver Intervention to Australian carers: Learner perspectives. In *Australian Journal of Dementia Care*, 3(5), 31-32.

## **2013**

### **CARES® Observational Tool™ Research Evaluation**

Gaugler, J. E., Hobday, J. V., & Savik, K. (2013). The CARES® Observational Tool: A valid and reliable instrument to assess person-centered dementia care. *Journal of Geriatric Nursing*, 34(3), 194-198. doi:10.1016/j.gerinurse.2013.01.002

### **NYU Caregiver Intervention (Australia) Online Training for Social Workers Research Evaluation**

Neville, C., Mittelman, M. S., Beattie, E., Scott, T., Hobday, J., & Parker, D. (2013). Supporting carers of people with dementia: An innovative learning platform for health workers. *Gerontologist*, 53(1), 72.

## **NYU Caregiver Intervention (Australia) Online Training Quality-of-Life Evaluation**

Scott, T., Neville, C., Mittelman, M., Beattie, E., & Parker, D. (2013). Enhancing quality of life of carers of people with dementia: Knowledge transfer and training of healthcare professionals. In *DCRC-CC: 7th National Dementia Research Forum 2013*.

### **2010**

#### **CARES® Dementia Basics and Advanced Care™ Research Evaluation**

Hobday, J., Savik, K., Smith, S., & Gaugler, J. (2010). Feasibility of Internet training for care staff of residents with dementia: The CARES® program. *Journal of Gerontological Nursing*, 36(4), 13-21.

#### **CARES® Late Stage Dementia Care™ Research Evaluation**

Hobday, J. V., Savik, K., & Gaugler, J. E. (2010). An Internet-based multimedia education prototype to enhance late-stage dementia care: Formative research results. *Geriatric Nursing*, 31(6), 402-411.

#### **Savvy Caregiver™ Online Training Program Research Evaluation**

Lewis, M. L., Hobday, J. V., & Hepburn, K. W. (2010). Internet-based program for dementia caregivers. *American Journal of Alzheimer's Disease & Other Dementias*, 25(8), 674-679.

### **2009**

#### **CARES® Dementia Basics and Advanced Care™ Content Base (CARES® referenced)**

Gould, E., & Reed, P. (2009). Alzheimer's Association Quality Care Campaign and professional training initiatives: Improving hands-on care for people with dementia in the USA. *International Psychogeriatrics*, 21(S1), S25-S33.

## **NATIONAL AWARDS**

HealthCare Interactive programs have received the following national awards.

### **2017**

- **CARES® Dementia-Friendly Hospitals: Preventing Adverse Events™ (mobile friendly) Online Training Program**  
National Platinum\* eHealthcare Leadership Award  
(Best Rich Media)

### **2016**

- **CARES® Dementia Basics™ (mobile friendly) Online Training Program**  
National Gold and Silver eHealthcare Leadership Awards  
(Best Care/Disease Management and Best Healthcare Content, respectively)

### **2015**

- **CARES® Dementia Friendly Hospitals™ “At-a-Glance” Online Training Program**  
National Gold and Silver eHealthcare Leadership Awards  
(Best Interactive and Best Rich Media, respectively)
- **CARES® End-of-Life Dementia Care™ Online Training Program**  
National Gold eHealthcare Leadership Award  
(Best Rich Media)

### **2014**

- **CARES® Activities of Daily Living™ Online Training Program**  
National Silver eHealthcare Leadership Award

## 2013

- **CARES® Dementia-Related Behavior™ Online Training Program**  
National Silver eHealthcare Leadership Award

## 2012

- **CARES® Dementia Basics & Advanced Care™ Online Training Program**  
National Silver eHealthcare Leadership Award

## 2008

- **Savvy Caregiver™ 4-DVD Set for Family Caregivers**  
National Merit Mature Media Award

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\* “Platinum” denotes highest possible award in the category

## QUESTIONS

For questions related to these research studies and awards, please contact:

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