



CARES® Online Dementia Care Training Course Topics

CARES® Dementia Basics™

(includes Alzheimer's Association essentiALZ® individual certification)

4 Modules, 4 Hours

1. Meet Clara Jones (Introduction to Person-Centered Care)
2. Introduction to Dementia
3. Understanding Behavior as Communication
4. The CARES® Approach

CARES® Dementia Advanced Care™

(includes Alzheimer's Association essentiALZ® Plus Dementia Advanced Care individual certification)

6 Modules, 6 Hours

1. Making a Connection with the Person
2. Eating Well
3. Recognizing Pain
4. Minimizing Falls
5. Rethinking Wandering
6. Minimizing and Eliminating Restraints

CARES® Dementia-Related Behavior™

(includes Alzheimer's Association essentiALZ® Plus Dementia-Related Behavior individual certification)

4 Modules, 4 Hours

1. Introduction to Dementia-Related Behavior
2. Using the CARES® Approach with Dementia-Related Behavior
3. Breaking Down the CARES® Approach for Dementia-Related Behavior
4. Key Responses to Dementia-Related Behavior

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For a list of learning objectives for each course, visit www.hcinteractive.com/learningobjectives.

To take a free test drive, visit www.hcinteractive.com/testdrive. For questions, call (952) 928-7722.

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CARES® Activities of Daily Living™

(includes Alzheimer's Association essentiALZ® Plus Activities of Daily Living individual certification)

10 Modules, 10 Hours

1. Dementia and the CARES® Approach
2. Creating Meaning in Activities of Daily Living
3. Recognizing and Managing Pain
4. Bathing
5. Dressing
6. Eating
7. Grooming
8. Mouth Care
9. Using the Bathroom
10. Mobility, Transferring, and Positioning

CARES® End-of-Life Dementia Care™

(includes Alzheimer's Association essentiALZ® Plus End-of-Life Dementia Care individual certification)

5 Modules, 5 Hours

1. Introduction to End-of-Life Dementia Care
2. The CARES® Approach
3. Decision Making at the End of Life
4. Comfort Care
5. Emotional and Spiritual Support

CARES® Dementia Care for Families™

(CARES® Dementia Care for Families™ does not include an individual certification.)

3 Modules, 3 Hours

1. Understanding Memory Loss
2. Living with Dementia
3. Using the CARES® Approach

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