



 HEALTHCARE INTERACTIVE®

CARES® Online Dementia Care Training Course Topics

CARES® Dementia Basics™

(includes CARES® Dementia Basics Certification™)

4 Modules, 4 Hours

1. Meet Clara Jones (Introduction to Person-Centered Care)
2. Introduction to Dementia
3. Understanding Behavior as Communication
4. The CARES® Approach

CARES® Dementia Advanced Care™

(includes CARES® Dementia Advanced Care Certification™)

6 Modules, 6 Hours

1. Making a Connection with the Person
2. Eating Well
3. Recognizing Pain
4. Minimizing Falls
5. Rethinking Wandering
6. Minimizing and Eliminating Restraints

CARES® Dementia-Related Behavior™

(includes CARES® Dementia-Related Behavior Certification™)

4 Modules, 4 Hours

1. Introduction to Dementia-Related Behavior
2. Using the CARES® Approach with Dementia-Related Behavior
3. Breaking Down the CARES Approach for Dementia-Related Behavior
4. Key Responses to Dementia-Related Behavior

CARES® Online Dementia Care Training

Course Topics

CARES® Activities of Daily Living™

(includes CARES® Activities of Daily Living Certification™)

10 Modules, 10 Hours

1. Dementia and the CARES® Approach
2. Creating Meaning in Activities of Daily Living
3. Recognizing and Managing Pain
4. Bathing
5. Dressing
6. Eating
7. Grooming
8. Mouth Care
9. Using the Bathroom
10. Mobility, Transferring, and Positioning

CARES® End-of-Life Dementia Care™

(includes CARES® End-of-Life Dementia Care Certification™)

5 Modules, 5 Hours

1. Introduction to End-of-Life Dementia Care
2. The CARES® Approach
3. Decision Making at the End of Life
4. Comfort Care
5. Emotional and Spiritual Support

CARES® Dementia Care for Families™

(includes CARES® Dementia Care for Families Certification™)

4 Modules, 4 Hours

1. Understanding Memory Loss
2. Living with Dementia
3. Using the CARES® Approach
4. Keys to success with CARES