

Your Name: _____ Date: _____



Assisted Living Facility (ALF) Level I™ Online Dementia Care Training Program

Module 2 Worksheet: INTRODUCTION TO DEMENTIA

1. List three facts about dementia:
 - a) _____
 - b) _____
 - c) _____
2. Alzheimer's disease causes real, physical changes to the brain. The brain of someone with Alzheimer's disease is likely to look _____ and _____ compared to a normal, healthy brain.
3. **True or False:** Most cases of Alzheimer's disease develop after age 85.
True _____ False _____
4. List the two types of medication—and their side effects—currently approved by the FDA to treat cognitive symptoms of Alzheimer's disease:
 - _____
 - _____
5. When a person with dementia has trouble using language or remembering the right words, you can focus less on words and more on...

6. List and describe the seven basic thinking abilities that can be impaired by dementia.

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____
- g) _____

7. Explain “fluctuating, gradual decline” in your own words:

8. List four things you can do to help someone who is in the grieving process:

- a) _____
- b) _____
- c) _____
- d) _____

9. Describe the ethical principles of justice, autonomy, and beneficence in relation to caring for a person with dementia. (Continue on the back of this sheet, if necessary.)