

Your Name: \_\_\_\_\_ Date: \_\_\_\_\_



## Assisted Living Facility (ALF) Level I™ Online Dementia Care Training Program

### Module 3 Worksheet: UNDERSTANDING RESIDENT BEHAVIOR AS COMMUNICATION

1. Mr. Silverstein has dementia and is often confused, scared, and overwhelmed. Describe an appropriate, effective approach you could take with him.
  
  
  
  
  
  
  
  
  
  
2. Describe “dementia-related behavior” in your own words.
  
  
  
  
  
  
  
  
  
  
3. **True or False:** When people with dementia engage in behavior that seems pointless, meaningless, or silly, it is okay to allow the behavior to continue, as long as it is not causing any harm.  
  
True \_\_\_\_\_ False \_\_\_\_\_
  
  
  
  
  
  
  
4. List three things you can learn from family members that might help you understand a person’s dementia-related behavior:
  - a)
  
  
  
  - b)
  
  
  
  - c)

5. It is important to think about what might be causing a person's behavior. List two specific examples of dementia-related behavior for each of the following categories.

- Changes in Health and Comfort:

a)

b)

- Environmental Causes:

a)

b)

- Problems with a Task:

a)

b)

- Communication Difficulties:

a)

b)

6. **Multiple Choice:** When it comes to communicating with people with dementia who are beyond the early stages of their disease...

- a) It is best to speak to them as little as possible; your words will only confuse them.
- b) It is best to repeat yourself until people with dementia do what you ask.
- c) It is best to teach people with dementia simple routines, so they will remember the actions even if they forget the words.
- d) It is best to think about your own facial expressions, tone of voice, and general attitude, because the person may not have control of their behavior.

7. Describe three things you should do to promote safety for people with dementia no matter where they are:

a)

b)

c)