

Your Name: _____ Date: _____



Assisted Living Facility (ALF) Level II™ Online Dementia Care Training Program

Module 4 Worksheet: RETHINKING WANDERING

1. Define the term "elopement."

2. List three reasons why someone with dementia may be wandering.
 - a)
 - b)
 - c)

3. What are two positive aspects of wandering?
 - a)
 - b)

4. What are two negative aspects of wandering?
 - a)
 - b)

5. Mrs. Marino used to be a gardener. You notice that she continues to try to wander outside while repeating, "They need tending to." What is something you can do to help Mrs. Marino?
6. What are two things you can do to prevent a person with dementia from getting lost?
- a)
- b)
7. The likelihood of wandering changes at each of the stages of dementia. Describe the wandering **behavior** that is common at each stage.
- The First Signs:
 - Increasing Problems:
 - Significant Confusion:
 - Minimal Self-Care Abilities:
 - Requires Complete Assistance:
8. How can "connecting" with someone who has dementia help them to not wander?
9. Besides wandering, list five other common behaviors that might be exhibited by people with dementia:
- a)
- b)
- c)
- d)
- e)