



Course 1: Basics of Dementia-Friendly Care

Module 1 – Introduction to Dementia-Friendly Care (15-20 minutes)

Topics

- Dementia in Hospitals
- How Can You Recognize Dementia?
- Alzheimer's Affects Each Person Differently
- Importance of Dementia-Friendly Care

Learning Objectives

After completing Module 1, you will be able to...

- Explain why dementia is increasingly common in hospitals today, particularly in older patients.
- Identify three signs or symptoms that could suggest a patient has dementia.
- State why each patient with dementia is unique.
- List at least three ways to make a positive difference in the care of patients with dementia.

Module 2 – Communication and the CARES® Approach (25-30 minutes)

Topics

- A Positive Start
- The CARES® Approach
- The Family

Learning Objectives

After completing Module 2, you will be able to...

- List the basic steps to follow when starting an interaction with a patient who has dementia.
- Identify what each letter stands for in the CARES® Approach.
- Name three ways that families can help provide better care for patients with dementia.

Module 3 – Behavior as Communication (20-25 minutes)

Topics

- How Does Dementia Affect Communication?
- Common Communication Problems
- Understanding Behavior as Communication

Learning Objectives

After completing Module 3, you will be able to...

- State four ways that dementia can affect a person's ability to communicate.
- List three problems that are common when communicating with patients with dementia.
- Use the CARES® Approach in responding to dementia-related behavior.

Module 4 – Delirium and Other Adverse Events (25-30 minutes)

Topics

- Delirium
- Decreasing the Risk of Delirium
- Other Adverse Events

Learning Objectives

After completing Module 4, you will be able to...

- Describe delirium and its consequences.
- State four ways to decrease the risk of delirium.
- In addition to delirium, identify at least three adverse events for which a patient with dementia is at risk.