



## Course 3: Patient Safety and Comfort

### Module 9 – Recognizing and Managing Pain (25-30 minutes)

#### *Topics*

- Pain in Persons With Dementia
- Recognizing Pain
- Managing Pain

#### *Learning Objectives*

After completing Module 9, you will be able to...

- Identify nonverbal signs and behaviors that suggest a person with dementia is in pain.
- State three ways to help patients with dementia feel more comfortable.
- Use the CARES® Approach to comfort people who are experiencing pain.

### Module 10 – Maintaining Patient Safety (20-25 minutes)

#### *Topics*

- Dementia and Patient Safety
- Reducing Risk
- Elder Abuse

#### *Learning Objectives*

After completing Module 10, you will be able to...

- Explain why patients with dementia face greater safety risks.
- Identify at least two common safety risks for patients with dementia and explain how they can be prevented.
- Recognize signs of elder abuse and respond appropriately.

## **Module 11 – Wandering and Falls (25-30 minutes)**

### ***Topics***

- Wandering
- Falls
- Physical Restraints

### ***Learning Objectives***

After completing Module 11, you will be able to...

- List three reasons why patients with dementia might wander.
- Explain at least three ways to respond to unsafe wandering.
- List three reasons why patients with dementia are at an increased risk for falls.
- Describe at least four ways to prevent falls.
- State at least three strategies that help reduce the need for physical restraints.

## **Module 12 – Mobility, Positioning, and Transfer (20-25 minutes)**

### ***Topics***

- Mobility
- Positioning
- Transfer

### ***Learning Objectives***

After completing Module 12, you will be able to...

- Explain why mobility and proper positioning are important for the health of people with dementia.
- List at least four techniques that can be used while transferring patients with dementia and/or helping them stand.
- Explain the importance of connecting with patients with dementia before moving them.
- Use the CARES® Approach while assisting a person with transferring and positioning.